



NASK Ombudsman Newsletter

Volume 1 : Issue 6

Melissa Smith

361-522-5741

naskombudsman@gmail.com

Hello NASK Family!

Your NAS Kingsville Ombudsman here!

Just some events to remember and attend!

-NAS Kingsville NAVY BALL will be held this year on October 17th 2015 at the Captains Club from 1800-midnight, tickets are available NOW for purchase until October 1st!. As a reminder, E-4 and Junior are FREE. Also free childcare will be provided for a limited number of children.

-The 1st and 3rd thursday of each month is the USO sponsored lunches for active duty service members and their spouses. Serving starts at 1130 until 1 or food runs out. If you would like to volunteer to help out or donate funds for future lunches please contact me for further information!

-Starting September 12th NASK and Navy league will be sponsoring TAILGATES at the TAMUK games. Keep your eye out for flyers and more information!

-NASK Adult Christmas Party December 4th, more information to follow in the near future.

And last are you prepared for a natural disaster? As more tropical storms and hurricanes are hitting parts of the world now more than ever is the time to act! Sitting down and making a plan of action, a survival kit, making sure important documents are in a safe easy to access place, knowing where you would be evacuated to in case of a hurricane, and making sure everyone is on the same page is very important. For more information on how to talk with your children about natural disasters go to <http://www.ready.gov/kids>, and for more information on kits and preparedness please visit www.ready.navy.mil or www.ready.gov

Have a great month of September!!!!

-Melissa Smith

Chaplain's Corner

LT William Hardison, CHC, USN
 Command Chaplain, Naval Air Station Kingsville
 614 McCain Street, Suite 116
 Kingsville, TX 78363
 Office: 361-516-6618

Do you know what a worldview is? "...everyone has a worldview. Whenever any of us thinks about anything—from a casual thought (Where did I leave my watch?) to a profound question (Who am I?)—we are operating within such a framework. In fact, it is only the assumption of a worldview—however basic or simple—that allows us to think at all," says James Sire. James Sire goes on to say that "A worldview is a commitment, a fundamental orientation of the heart, that can be expressed as a story or in a set of propositions (assumptions which may be true, partially true or entirely false) which we hold (consciously or subconsciously, consistently or inconsistently) about the basic constitution of reality, and that provides the foundation on which we live and move and have our being" (p. 122, *The Universe Next Door*, James Sire).

A worldview is essentially, our basic, rock-bottom answers to the following questions:

1. What is prime reality—the really real? To this we might answer: God, or the gods, or the material cosmos. Our answer here is the most fundamental. It sets the boundaries for the answers that can consistently be given to the other six questions.
2. What is the nature of external reality, that is, the world around us? Here, our answers point to whether we see the world as created or autonomous, as chaotic or orderly, as matter or spirit; or whether we emphasize our subjective, personal relationship to the world or its objectivity apart from us.
3. What is a human being? To this we might answer: a highly complex machine, a sleeping god, a person made in the image of God, a naked ape.
4. What happens to a person at death? Here we might reply: personal extinction, or transformation to a higher state, or reincarnation, or departure to a shadowy existence on "the other side."
5. Why is it possible to know anything at all? Sample answers include the idea that we are made in the image of an all-knowing God or that consciousness and rationality developed under the contingencies of survival in a long process of evolution.
6. How do we know what is right and wrong? Again, perhaps we are made in the image of a God whose character is good, or right and wrong are determined by human choice alone or what feels good, or the notions simply developed under an impetus toward cultural or physical survival.
7. What is the meaning of human history? To this we might answer: to realize the purposes of God or the gods, to make a paradise on earth, to prepare a people for a life in community with a loving and holy God, and so forth.
8. What personal, life-orienting core commitments are consistent with this worldview? How should I now live??!!

Spouses Club



Megan Hogan -President
naskspousesclub@gmail.com

Spouses club is currently updating the always helpful "Spouses Survival Guide", if you have any information about new businesses in the area or updated reviews please contact Megan and lets make this edition the best yet!

Mark your calendar for a night fun and laughter!

NASK MWR will be presenting the Laugh Catchers Comedy Tour featuring headliner Jake Johannsen. Jake has appeared on David Letterman, Conan O'Brian and Jay Leno.

Other comedians include:

Gabe Ruthledge - Has television appearances on Comedy Central's Live at Gotham, Nickelodeon's Nickmom Night Out, nationally syndicated Comedy.TV, and Comics Unleashed. He is also a frequent guest on the Bob and Tom radio show, heard in over 150 cities.

Sam Demaris - Recently named one of "15 of the Funniest Stand-up Comedians You SHOULD Be Following" by Will Ferrell's Funnyordie.com. He has performed for troops abroad in Iraq, Kuwait, Bahrain, Djibouti, and South Korea.

Emcee Frederick "Red Bean" Plunkett - Appeared on the big screen with Robert Deniro and Sylvester Stallone in 'Grudge Match'.

Join us for Social Hour from 1800-1900!! Comedians will kick-off around 1900. Everyone 18+ who has access to the base (including their guests 18+) are welcome to join us in this huge FREE event!

Come join us for some big laughs!!!

CDC will offer "parents night out" during this event.

Santiago Fitness Center September 2015 Group Exercise Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 0615-0700 H.I.I.T. 0900-0945 Circuit	2 0615-0700 Cycle 0815-0910 Weight Training 1700-1745 H.I.I.T	3 0615-0700 H.I.I.T. 0900-0930 H.I.I.T.	4 0615-0700 Water Challenge (IN CASE OF BAD WEATHER, A CLASS WILL BE HELD INDOORS)	5
6	7 Holiday Hours 1200-1700 Classes will not be held for the day	8 0615-0700 H.I.I.T. 0900-0945 Circuit	9 0615-0700 Cycle 0815-0910 Weight Training 1700-1745 H.I.I.T	10 0615-0700 H.I.I.T. 0900-0930 H.I.I.T.	11 0615-0700 Water Challenge (IN CASE OF BAD WEATHER, A CLASS WILL BE HELD INDOORS)	12
13	14 0615-0700 Interval 0815-0900 Cycle 1700-1745 H.I.I.T - Class will not be held for the day	15 *0615-0700 Weight Training 0900-0930 H.I.I.T. - Class will not be held for the day	16 0615-0700 Cycle 0815-0910 Weight Training 1700-1745 H.I.I.T - Class will not be held for the day	17 *0615-0700 Circuit 0900-0930 H.I.I.T. - Class will not be held for the day	18 0615-0700 Water Challenge (IN CASE OF BAD WEATHER, A CLASS WILL BE HELD INDOORS)	19
20	21 0615-0700 Interval 0815-0900 Cycle 1700-1745 H.I.I.T	22 0615-0700 H.I.I.T. 0900-0945 Circuit	23 Fun Run 0705 Classes will not be held for the day	24 0615-0700 H.I.I.T. 0900-0930 H.I.I.T.	25 0615-0700 Water Challenge (IN CASE OF BAD WEATHER, A CLASS WILL BE HELD INDOORS)	26
27	28 0615-0700 Interval 0815-0900 Cycle 1700-1745 H.I.I.T	29 0615-0700 H.I.I.T. 0900-0945 Circuit	30 0615-0700 Cycle 0815-0910 Weight Training 1700-1745 H.I.I.T			

MWR EVENTS

MONTHLY EVENTS

•Maze Runner Tickets

-Sign up in the Station Library between 1-18 Sept. Drawing on 18 Sept at 1600.

•Basket for Books

-Contest runs in the Station Library from 1-30 Sept.

•Library Card Sign Up

-Sign up in the Station Library between 1-30 Sept.

•Fitness Addict

-Sign up in the Santiago Fitness Center between 1-30 Sept.

•Dance Lessons

-Every Tuesday in the Club Ballroom from 1930-2030. Social Hour in No-Fly Zone at 1830-1930.

•Bingo Night

-10 Sept in No-Fly Zone starting at 1900.

•Poker Night

-11 Sept in No-Fly Zone starting at 1900.

•Deadlift Competition

-14 & 16 Sept in the Santiago Fitness Center starting at 1200.

•Library Orientation

-16 Sept in the Station Library starting at 1700.

•Laugh Catchers Comedy Tour

-17 Sept in the No-Fly Zone starting at 1800 w/Social Hour.

•Trivia On Tap

-24 Sept in No-Fly Zone at 1900.

•Dive In Movie

-25 Sept at Santiago Fitness Center Pool starting at 1930.

SEPTEMBER 2015

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Month Long •Basket for Books	•Library Card Sign Up •Fitness Addict	1 •Dance Lessons	2	3	4	5 
6	7 Labor Day	8 •Dance Lessons	9	10 •Bingo Night	11 •Poker Night	12
13 	14 •Deadlift Competition	15 •Dance Lessons	16 •Deadlift Competition •Library Orientation	17 •Laugh Catchers Comedy Tour	18 •Maze Runner Drawing	19
20	21	22 •Dance Lessons	23	24 •Trivia On Tap	25 •Dive In Movie	26
27	28	29 •Dance Lessons	30			

For up to date information, check us out on Facebook at facebook.com/NASKMWR